



Put a Smile on your dial

The Danger of Jumping to Conclusions Janet Lopes

Every person who has diabetes will be aware of the fact that he or she faces a number of challenges in life, including the dreaded 'hypo'. However, speaking from long experience, I think it is important to remember the many humorous incidents we have experienced as well.

I will always remember flying to Germany on a business trip some years ago. I had a window seat and when the meal trolley came rattling down the aisle, I received my dinner first. I needed to take my insulin shot, but I did not want to disturb the passenger in the middle seat next to me by making him stand up to allow me to go to the loo to do this. I decided to turn my body away from him towards the window, raise my T-shirt and give myself a quick, furtive jab in the tummy. Unfortunately, at that very moment, he turned directly towards me to ask if I had any salt on my tray. His eyes widened and a look of utter horror flashed across his face as he saw me with my insulin pen poised to inject.

I opened my mouth to begin to explain, but then decided that it

was none of his business after all and merely replied, "Sure, here's some salt."

The two of us proceeded to wade through our normal plastic-tasting airline dinner in grim silence.

Once we had finished and the trays had been removed, my fellow passenger beat a hasty retreat and I saw him whispering excitedly further down the aisle to a flight attendant, his sandy fringe bobbing as he spoke. A few minutes later, the flight attendant called him. He stood up, took his belongings without a word and moved to another seat allotted to

him near the front of the cabin.

I was greatly amused and wondered what he had said - perhaps that a sedate-looking, middle-aged woman in a business suit was 'shooting up' some unknown forbidden substance in plain sight...

Nevertheless, his departure brought me great relief. I now had three full seats to myself. Being vertically challenged, I was able to lie down across the seats, cover myself with a blanket and have a restful night's sleep until we began the dawn approach into Frankfurt.

Whenever I fly these days, I always think with a smile about my jittery fellow passenger and the positive outcome, for me, of the fact that he had jumped to the wrong conclusion.

'Sweet' Pick-Up Lines

Sheena Campling - Youth Leader for YWD

Something super random happened the other day as I was sitting on campus. A bunch of my friends come up to me and started saying some super-funny diabetes pick-up lines like, "You are just my type", "That insulin pump is so lucky to be next to such a beautiful girl all day", "Hey girl, can you check your blood sugar, 'cause I'd like to know your number" and "You're so sweet you might just raise my A1c". My personal favourite was, "HEY GIRL DO YOU WANNA DANCE TOGETHER AND GET REAL GLUCOSE (Glucose/sugar)". Needless to say, I almost died laughing. I hope that you enjoy them as much as I did!

smile